

Descriptive Study Of The Relationship Between Mental Health, Lifestyle Of Liver Disease Patient's In Indonesia

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Background : Liver disease is one of the diseases that the world is very concerned about, including Indonesia. This study analyzed the percentage of gender, smoking behavior, and happiness factors in liver patients.

Methods : The method used is a simple tabulation using IFLS 5 data. with 351 liver respondents and 30,871 respondents not. The variables used are gender, smoking behavior and happiness.

Results : were female who suffered from liver disease. As many as 266 people have ideal body weight (BMI), while 49 do not. As many as 242 respondents feel happy, only 34 people are not happy. As many as 189 people smoke the rest as many as 126 people do not smoke. So it can be seen that people who smoke and are male have a lot of liver disease in Indonesia. So it needs special attention for men in particular and who smoke.

Conclusions : So it can be seen that people who smoke and are male have a lot of liver disease in Indonesia. So it needs special attention for men in particular and who smoke.

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