

Palliative Care Of Pancreas Cancer Patients At Home

Ardela Iga PRATIWI^{*1}

¹History, Alumnus Universitas Gadjah Mada, INDONESIA

Background : Pancreas cancer patients not only need treatment for their disease, but also need palliative care. In addition to the hospital, palliative care of pancreas cancer patients can be done at home. Palliative care services for cancer patients are integrated by the palliative team and the patient's family. Palliative care at home provides the opportunity for patients to be treated at home so as to improve the patient's quality of life by providing spiritual and psychosocial support. This study was to describe the palliative care of pancreas cancer patients at home.

Methods : This study used electronic data base as a method by reviewing some previous article published in 2009 to 2019.

Results : Palliative care of pancreas cancer patients at home by integrating care in the hospital. The palliative team has discussions with the patient's family to set goals, follow up plans, and routinely monitor and evaluate palliative services for patients. Nurses monitor the patient's functional status, patient care support systems, and patient compliance with treatment. Fulfilling the patient's basic needs so that the patient's quality of life is achieved is the core of palliative care at home including the need to eat and drink, body movement and balance, sleep, personal hygiene, security and safety, communication, worship, recreation, and study.

Conclusions : Palliative care of pancreas cancer patients carried out at home rather than in a hospital can reduce patient hospitalization. The family as a support system has a more prominent role in the palliative care of pancreas cancer patients at home because most of the care is carried out by the family. The roles and responsibilities of the family that were originally the caretaker of the patient then became multi-role in assisting cancer patients. In addition, in carrying out their duties and roles, the patient's family also needs psychological and spiritual assistance from the palliative team.

Corresponding Author : **Ardela Iga PRATIWI** (ardelaiga@gmail.com)