

## Factors Influencing Alcohol Consumption In Adolescents In Indonesia : A Literature Study

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**Background :** Although it has been stated in the Minister of Trade Regulation No. 20/M-Dag/Per/4/2014 Article 15 which contains rules that the age limit for being allowed to drink alcoholic beverages (according to the dose) is above >21 years, there are still many teenagers under 21 years old participate in alcohol consumption. In addition to endangering the period of brain development that occurs during adolescence, namely 15–19 years, alcohol consumption can also damage the liver. For those this study aims to find out the factors that influence alcohol consumption in adolescents in Indonesia.

**Methods :** This research study is a literature review by extracting research with relevant topics for the last six years (2016–2021), and involving adolescents 18 years as the object of research.

**Results :** The results of the analysis show that the factors that influence alcohol consumption are the habit of drinking alcohol ( $p = 0.004$ ), availability of alcoholic beverages ( $p = 0.002$ ), how to get alcoholic beverages ( $p = 0.001$ ), peers who consume alcohol ( $p = 0.010$ ), lack of self-confidence ( $p = 0.000$ ), want to try ( $p = 0.000$ ), run away from problems ( $p = 0.000$ ), living environment ( $p = 0.002$ ), family ( $p = 0.000$ ). Factors that influence alcohol consumption found in qualitative research are the behavior of consuming alcoholic beverages from outside and within adolescents such as the environment in which they live, social environment, ridicule, trends or traditions, stress, solidarity and curiosity.

**Conclusions :** this study expect various stakeholders to carry out supervision and education on alcohol consumption among Indonesian youth

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